

## Instructions Statement of Mobility

Academic mobility is defined in five dimensions including physical mobility but also more qualitative aspects of academic mobility such as collaborations or interdisciplinarity. You may enter your past mobility and planned mobility during this project. Focus mainly on the experience after your PhD or medical exam. Structure your statement of mobility according to the dimensions listed in the form (not all dimensions are expected to be filled in).

**1. Institutional academic mobility** is the summary of institutional collaborations being beneficial to your career goals. These may be on a national level or even within the same research institution providing, for instance, complementary expertise, or additional infrastructure.

■ Show the added value to your career trajectory so far and to the proposal. The choice of the higher education institution where the grant will be hosted should be carefully motivated, if:

- you have spent more than one year as postdoctoral researcher at this institution;
- you return to the institution where you received your PhD degree or medical degree;
- you join the institution of your PhD advisor.

**2. Transnational academic mobility** refers to academic travel and exchange across borders of states. It is understood in terms of the roles of researchers in teaching-learning experiences as well as knowledge production and transfer.

■ Describe the benefits and lasting effects of a stay abroad (incl. several short-term stays over a certain time period), of collaborations or of your involvement in academic networks. The latter may include also involvement in border-crossing networks without active travel.

**3. Intersectorial mobility:** The scientific and technological challenges facing today's researchers are extremely complex and, in many cases, require new approaches to research and training.

■ Enter experience in the public, private and not-for-profit sectors relevant for the proposed research and according to the career goal, and explain its contribution.

**4. Interdisciplinary mobility** is the move across research fields different from your core discipline.

■ Explain where, when and how you did involve different disciplines in your research or plan to do so.

**5. Intellectual mobility** is the capacity to communicate research to a broader public (e.g. science communicator, contributions to the standing of science in society, translation into practice).

■ State how you are committed to sharing your knowledge beyond academia.

## Statement of Mobility

Mobility is recognised as a necessary factor for a successful scientific or academic career. In order to assess the applicants' mobility concept and his/her integration in scientific networks, a **statement of mobility** is required.

Dates must be entered in the format **mm.yyyy**. Leave non-applicable rows blank. It is possible to enter more than one activity per row. All entries related to your past mobility must also be visible in the CV.

Applicant (last name, first name)	Funding Scheme (submission deadline)

### 1. Choice of research institution in Switzerland

Comment on the choice of your research institution in Switzerland (suitability to provide scientific support for your project, possibilities to develop your intellectual background and your scientific independence).

Research Institution	

**2. List your past mobility as well as your planned mobility during the grant (if applicable) according to the following dimensions**

Mobility dimensions	Dates (from – to; mm.yyyy – mm.yyyy)	Description (place, type of stay, etc.)	Added value for your research activities and scientific career
<b>Institutional academic</b>			
<b>Transnational academic</b>			

Mobility dimensions	Dates (from – to; mm.yyyy – mm.yyyy)	Description (place, type of stay, etc.)	Added value for your research activities and scientific career
<b>Intersectorial</b>			
<b>Inter-disciplinary</b>			

Mobility dimensions	Dates (from – to; mm.yyyy – mm.yyyy)	Description (place, type of stay, etc.)	Added value for your research activities and scientific career
Intellectual			